

Dawlish Warren Walk

Distance: 4 miles

Type: Easy



The walk to Dawlish Warren starts in Teignmouth which is about 7 miles from Lilycot holiday cottage in St. Marychurch.

When in Teignmouth, there is plenty of paid parking down on the sea front but if you prefer not to pay we would suggest turning left of the main road and finding a space somewhere. It's also possible to get the foot passenger ferry from the Shaldon side of the river Teign which is fun, however free parking is really limited.

Start the walk at the seafront by heading left along the Teignmouth promenade.

Walk right along the railway breakwater towards the tunnel at the end, or you can walk along the beach if you prefer. On a fine day the views over towards Exmouth & back towards Torbay are fantastic.

Once you reach the tunnel you will need to use the steps to go down on to the beach. Go through the tunnel and continue up Smugglers Lane to the top.

When you reach the main road (Teignmouth Road) cross over and turn right.

Carry on until you reach Winward Lane on your right hand side. Go down Winward Lane and you will find the Southwest coast path on you left. Continue until you return to the main road. Keep right and walk down the 'Old Teignmouth Road'. At the end of 'The Old Teignmouth Road' you will find path again. Here you can walk around the small woodland area various different ways and all the paths eventually end up in the same place on Dawlish marine parade.

You have now arrived in Dawlish.



To continue, carry on along Dawlish marine parade. Just past the Dawlish Station was where all the storm damage was made in 2014. Just by being there you realise the engineering feat that was accomplished by the Victorians when the railway was built!

When you reach the next red rock spit you will have reached Dawlish Warren.



Dawlish Warren is a very popular family holiday destination and there is lots of caravan parks and chalet accommodation there. You will also find a small theme park and pub.

Continue along the breakwater and onto the sand dunes. The path eventually takes you onto the mouth of the river Ex. At low tide you can walk a long way along the river bank on this side of the river which is full of wild life. It's not possible to go onwards towards Starcross though to our detriment, as the mud flats are protected and Dawlish Warren golf course owns the land.

To return to Dawlish Warren and the bus back to Teignmouth, you can either go back along the dunes the way you came, or hug the edge of the golf course and return via the information centre.

For the bus back to Teignmouth go to the Dawlish Warren train station and walk up Beach road. The bus stop is at the end on the left.

